

THE wave

M A G A Z I N E

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The Greenspa Effect

Energy-efficient hot tubs allow the body and eco-conscience to relax.

What do you get when you mix hot water, flat-screen TVs, surround sound systems, iPod docking capabilities, a full-body workout gym, the benefits of hydrotherapy, dozens of air jets and “green” technology? How about the awesome power of complete relaxation – physically and consciously. Mutter something about hot tubs and their usage of heat and water and people will balk at the traditional hot tub’s insatiable appetite for each. But due to the booming shift toward conservation, hot tubs have become more appealing, and more eco-friendly, than ever. Many companies are now using recycled materials and creative filtration processes to greatly reduce energy consumption, while still providing all the comfort and amenities that innovative technology can offer.



Dimension One Spas Aquatic Fitness System

www.aquaticfitnesssystems.com

Touted as the world’s first underwater gym, the Aquatic Fitness System (AFS) from Dimension One Spas allows you to walk, run, stretch, row, strength train and, of course, swim, all in one convenient hydrotherapeutic pool of hot water. And while the color of the water isn’t green, the process of purifying and filtering it certainly is. The AFS boasts an innovative water purification system that cleans the water by using UV light and ozone, which utilizes less chlorine than normal drinking water, even returning 84 percent of the energy used back into the water as heat. The filtration system uses less energy than a 100-watt light bulb. And by having exteriors made with 100 percent recycled plastic from milk jugs, and insulation (the most important energy conserving factor) made from 100 percent foam, the AFS spa uses 85 percent less energy than other in-ground spas. The AFS is so energy-efficient, the monthly heating costs are only \$15 to \$25.