

UNIQUE HOMES[®]

THE WORLD OF LUXURY REAL ESTATE

Unique Homes Magazine | March 2008

Swimming Upstream

Seeking balance and relaxation is a sought-after pastime for many people today. Whether you're in your thirties or seventies, both are treasured aspects for the young and old. Dimension One Spas understands this, and with their **Aquatic Fitness System**, balance and relaxation can be found right in the backyard. "For people looking for a balanced, healthy lifestyle, we offer a combination of fitness and relaxation," says James Hedgecock, marketing director of Dimension One Spas. Ranging from \$29,000 to \$39,000 (installation costs are additional), AFS can be installed above- or in-ground with three versions to choose from. The incredible versatility of AFS offers buyers a place to swim, jog, strength train and/or practice low-impact aerobics, while still providing a quality spa system with a hydrotherapeutic cool down. Its benefits extend even to the very young. AFS is the perfect place to teach children how to swim, says Hedgecock. "Anything you can do in the gym," explains Hedgecock, "you can do in your backyard. It's one of the best-kept secrets."

